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| BEHAVIOR | CONSEQUENCE | TIPS |
| USING “STRATEGIES” | 5 Poker chips | * *Charlie gets option of treat for Emotion Awareness*   (in lieu of Calm Corner) |
| SHARING EMOTIONS | 2 Poker chips | * Praise * Validate ALL emotions (incl: anger, sadness etc) * Label emotion * Describe body sensations * What are the thoughts? |
| HOLDING ONTO OUR POWER |
| BEING ESPECIALLY HELPFUL or KIND | Including cueing each other to healthy coping strategies |
| ASKING TO GO TO A NEIGHBOR’S TO PLAY | Poker chip | * Have to ask anytime you want to leave our yard |
| TURNING IT AROUND |  |
| SHOWING INITIATIVE |  |
| ANSWERING WHEN SPOKEN TO |  |
| GOOD SPORTSMANSHIP  or ATTITUDE |  |
| READY BY TIMER  (for bed, to go etc) |  |
| USING CALM WORDS | * When standing up for ourselves * When upset |
| ENCOURAGING WORDS |  |
| CLEAN ROOM | * Clothes in laundry, surfaces organized, closet and under bed clear |
| FLUSH THE TOILET |  |
| USING CALM CORNER | Treat  Or/ 5 poker chips | * *Charlie gets option of treat for Emotion Awareness*   (in lieu of Calm Corner) |